



Welcome
to
Parkwood
Mennonite
Home

We Believe In:

- The Sacredness of life and dignity of all people.
- The right of every resident to security and independence.
- The uniqueness of each resident.



PMH History

- ▶ In November 2004, Parkwood Mennonite Home opened a 96 bed Long-Term Care Home.
- ▶ By April 2005, 18 condominium style Garden Homes were available.
- ▶ On November 2008, Parkwood Suites, a six-story residence with 84 units welcomed its first tenants.



PMH History (cont'd.)

Residents of northern part of Waterloo region have had a dream.



They have dreamed of a place where seniors could live in a 'vibrant caring community'.



Today, Parkwood Mennonite Home became a fulfilled dream!

*Let all that you
do be done in
Love"*

(1 Corinthians 16:14)

Parkwood Mennonite Home
provides care to 96 seniors.



Residents live in 3 separate areas
housing 32 residents each.



Snyder's Corner and Weber Woods
are located on the first level.
Bauman Homestead, a semi-secured
home area, is located on the
garden level.

Café / Gift Shop at Parkwood

After the church service, residents socialize and enjoy a free cup of coffee or tea.



There are other goodies that can be bought in the gift shop.



Family and friends are welcomed to socialize with residents.

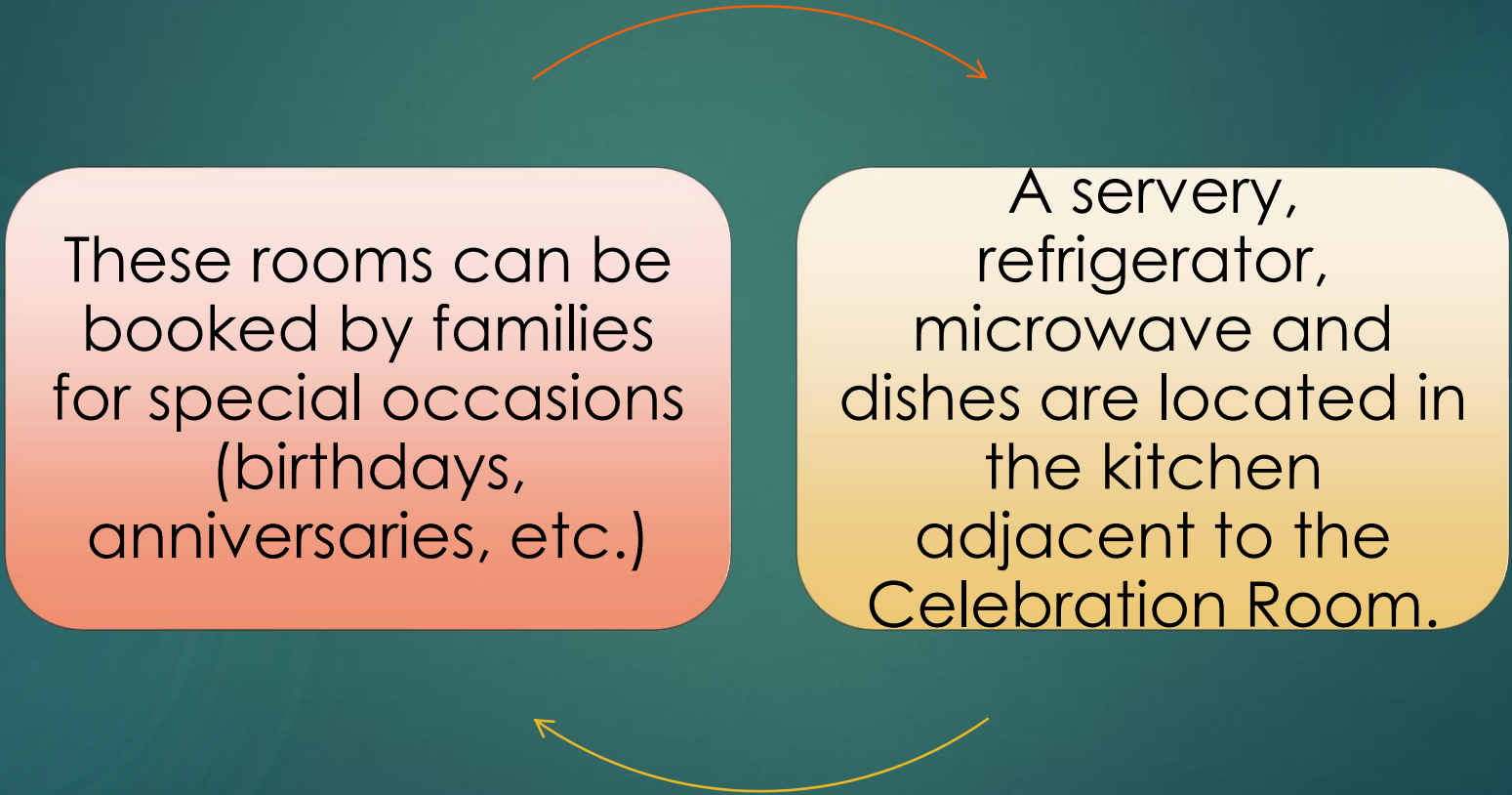
Spiritual Life at Parkwood

Our Chaplain seeks to meet the spiritual needs of each resident by organizing interdenominational services.



Participation in spiritual programs is voluntary.

Fellowship Hall and Celebration Room



These rooms can be booked by families for special occasions (birthdays, anniversaries, etc.)

A servery, refrigerator, microwave and dishes are located in the kitchen adjacent to the Celebration Room.



Medical Care is provided on-site by Dr. David Grant and Dr. Alex Kolbasnik. Dr. Grant is our Medical Director and served the residents at Parkwood for over 35 years.



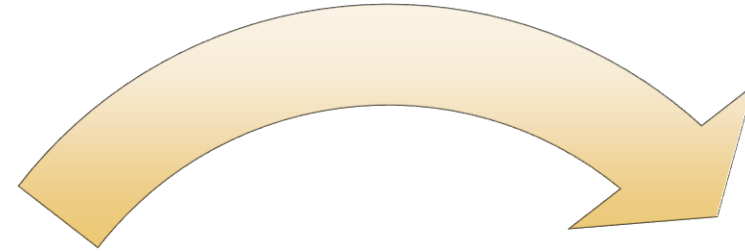
Vision Care is provided by the University of Waterloo, School of Optometry. Appointments will be arranged for any resident requiring care and visits *may* be covered by OHIP.



Dental Care services are provided by Direct Dentistry, who contacts the family directly to discuss needs and associated fees.

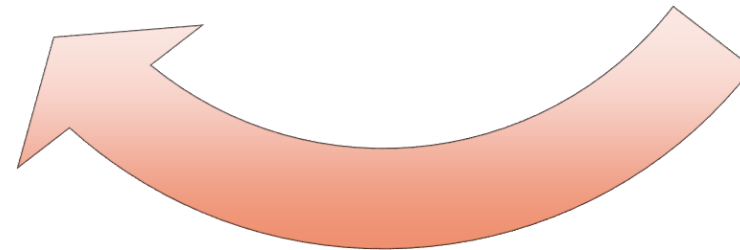
Medical Services Offered on Site at Parkwood

Medical Services (cont'd.)



Foot Care Clinics are available at an additional cost. A trained Registered Nurse specialized in foot care provides this service.

Audiology services are provided by Complete Hearing Health Ltd. to residents requiring hearing health care.



Physiotherapy is available to residents who have been assessed as requiring this service. Included in its amenities is **Parkwood Health and Wellness Centre** with fitness equipment designed for seniors and a warm salt-water therapeutic pool.



Restorative Care is a team-focused, comprehensive philosophy of care that encourages residents to be all they can be. Parkwood provides walking and exercise programs, feeding and eating programs and optimal social interaction between staff and residents.

Medical Services (cont'd.)

Meals

- Our Director of Food Services and Registered Dietitian are very proud of our home cooked meals which include 3 meals daily, with snacks between meals and at bedtime.
- Guests are always welcome to enjoy a meal with their loved one. A small fee is charged for guests' meals.
- Breakfast is served from 8:00 a.m. to 9:30 a.m., noon meal service starts at 12 noon and evening meal service starts at 5:00 p.m.





The Nurses' Communication Centre is located in each home area.



Call bells are located in each resident's room and bathroom and, when activated, send a signal to the Communication Centre and to portable phones carried by nursing staff.

Communication Centre

Furnishings:

- ▶ Standard furniture, including a bed, night table, lamp, wardrobe, dresser and chair, are provided by Parkwood and remain in the room.
- ▶ Residents are encouraged to add a favourite chair, lamp, plant, afghan and collection of photographs and pictures to make their room more homey, personal and comfortable.
- ▶ Each resident is provided with a 'Memory Box' at the entrance of the room to display the cherished life treasures.

Safety and Security:



For the security of our residents, all exterior doors are alarmed to prevent unauthorized entry or exit.



Coded alarm systems are also located at the entrance to each home area.



Parkwood has a 'Least Restraint' policy and only as a last resort and in the interest of a resident's safety will we recommend restraints.

Available Services:

Hairdressing service, for both men and women, is provided in our beautiful salon on the garden level. Residents may schedule appointments and families will be billed by Parkwood.

Aesthetician provides the following services: paraffin wax service for hands, manicure, pedicure, French manicure and pedicure and eyebrow waxing.

Personal care, baths or showers, are given to residents twice a week.

Laundry service is provided by Parkwood and all clothing will be labeled by our staff.

Available Services (cont'd.)

Residents' rooms are cleaned and tidied daily.

Personal mail will be delivered to each resident's room and if a resident subscribes to a newspaper it will also be delivered.

Telephone and cable service are available to each resident and arranged by the family through the service provider.

Accommodation Rates:


Each year, the Ministry of Health and Long-Term Care establishes the accommodation rates charged to Residents.

There are some rate deductions that may be provided by the Ministry to those who are unable to pay the full basic rate for standard accommodation.

*The rates, as of July 2019, are **\$2,701.61** for a private room and **\$1,891.31** for a shared room (maximum 2 people per room).*

When Vacancy Occurs at Parkwood Mennonite Home:

When a vacancy occurs, Parkwood staff contacts the Waterloo Wellington Local Health Integration Network (WWLHIN) and they advise us who is next on the waiting list for Parkwood.



To determine how long waiting times are, we advise you to call WWLHIN at 519.748.2222 for more information.

Visitor Guidelines:



Parkwood Mennonite Home is a smoke free facility.



We promote a fragrance-free environment.



Please do not visit if you are sick or have a fever.



Please use sanitizer at hand wash stations before and after visiting Parkwood.



Visitor parking is located at the main entrance.

Visitor Guidelines:

The Reception Desk opens
9:00 a.m. to 6:00 p.m.
Monday to Friday;
8:00 a.m. to 5:00 p.m. on
Saturday, and
12:30 p.m. to 4:00 p.m. on
Sunday

Pets are welcome: all pets
must be on a leash and
have current vaccinations.

The main entrance door is
open daily from:
8:00 a.m. to 8:00 p.m.
At all other times, please
use doorbell at front
entrance.

To Arrange a Tour:

Please contact the
Administrative
Assistant

at 519. 885.4810,
ext. 330.

We give tours
Tuesday and Friday
afternoon at
3:30 p.m.

Thank you for your
interest in Parkwood
Mennonite Home

*“Wherever there is a
human being,
there is a chance for
kindness.”*

(Seneca)

