

- Public Health Ontario's document entitled [Recommended Steps: Putting On And Taking Off Personal Protective Equipment \(PPE\)](#)

- Watched/Re-watched the following Public Health Ontario videos:
 - Putting on Full Personal Protective Equipment;
<https://www.publichealthontario.ca/en/videos/ipac-fullppe-on>

 - Taking off Full Personal Protective Equipment;
<https://www.publichealthontario.ca/en/videos/ipac-maskeyes-off>

 - How to Hand Wash
<https://www.publichealthontario.ca/en/health-topics/infection-prevention-control/hand-hygiene/jcyh-videos>