



## WORRY-FREE INDEPENDENCE

### Parkwood Suites Assisted Living provides the support you need.

Let us provide hospitality and personal care services to fully support your comfort, safety and independence. Parkwood Suites offers 56 assisted living apartments ranging from cozy 294 sq ft studio apartments to spacious 598 sq ft one-bedroom apartments, with five layouts to choose from.

Each unfurnished unit features a kitchenette with a refrigerator, accessible washroom with shower and safety features, large window(s) and individual climate control. The monthly fee includes heat, hydro and water; 24-hour emergency response; medication management; monthly wellness assessments; weekly laundering; controlled entry and access to campus amenities.

### About Parkwood Seniors Community

Parkwood is a faith and values-based not-for-profit community for older adults with a vision to 'Build a Community for All'. We are committed to relieving poverty, providing equitable access and treatment, and to supporting the whole person – mind, body and spirit – on our vibrant campus in Waterloo.

*As a community founded in God's love for all and grounded in faith, each person is valued and respected. We honour the spiritual dimension of the human experience and believe that, with love, the extraordinary is possible.*





## Parkwood Suites Assisted Living

### Studio



### 1-bedroom



Visit us online for a video tour of Parkwood, to view the layouts and download an application form.

Contact us for availability and pricing.



726 New Hampshire Street, Waterloo, ON N2K 4M1

Phone: 519.885.4810 | Fax: 519.885.6720

Email: [office@parkwoodmh.com](mailto:office@parkwoodmh.com) | [www.parkwoodmh.com](http://www.parkwoodmh.com)

Parkwood Seniors Community

Registered Charitable # 13988 1544 RT0001

Funding for this publication was provided by the Government of Ontario.



### Peace of mind and quality of life

As a resident of Parkwood Seniors Community in Assisted Living, you have full use of campus amenities:



Two meals daily in our well-appointed dining room



Swimming and exercise in our warm-water therapy pool



Full use of the Health and Wellness Centre



Social and activity programming



Additional services available for a fee, e.g., parking, hair salon and spa