



## WHEN YOU NEED A LITTLE HELP

### Parkwood Suites Supportive Living provides the support you want.

Live in comfort and enjoy an independent lifestyle while we take care of meals (two daily), laundry and housekeeping. Parkwood Suites is a six-storey, 78-unit apartment building with 11 supportive living one- and two-bedroom apartments ranging from 605 sq ft to 1,119 sq ft, with four layouts to choose from.

Each unfurnished unit features a kitchen equipped with a dishwasher, refrigerator, stove and breakfast bar, ensuite washer and dryer, spacious washroom(s), living-dining area, and large windows. The monthly fee includes heat, hydro and water; monthly assessment by a nurse; weekly laundering, and access to campus amenities.

### About Parkwood Seniors Community

Parkwood is a faith and values-based not-for-profit community for older adults with a vision to 'Build a Community for All'. We are committed to relieving poverty, providing equitable access and treatment, and to supporting the whole person – mind, body and spirit – on our vibrant campus in Waterloo.

*As a community founded in God's love for all and grounded in faith, each person is valued and respected. We honour the spiritual dimension of the human experience and believe that, with love, the extraordinary is possible.*





## Parkwood Suites Supportive Living

### 1-bedroom



### 2-bedroom



### Be as busy as you wish!

As a resident of Parkwood Seniors Community in Supportive Living, you have full use of campus amenities:



Two meals daily in our well-appointed dining room



Swimming and exercise in our warm-water therapy pool



Full use of the Health and Wellness Centre



Social and activity programming



Additional services available for a fee e.g., parking, hair salon and spa

Visit us online for a video tour of Parkwood, to view the layouts and download an application form.

Contact us for availability and pricing.



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Parkwood Seniors Community

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