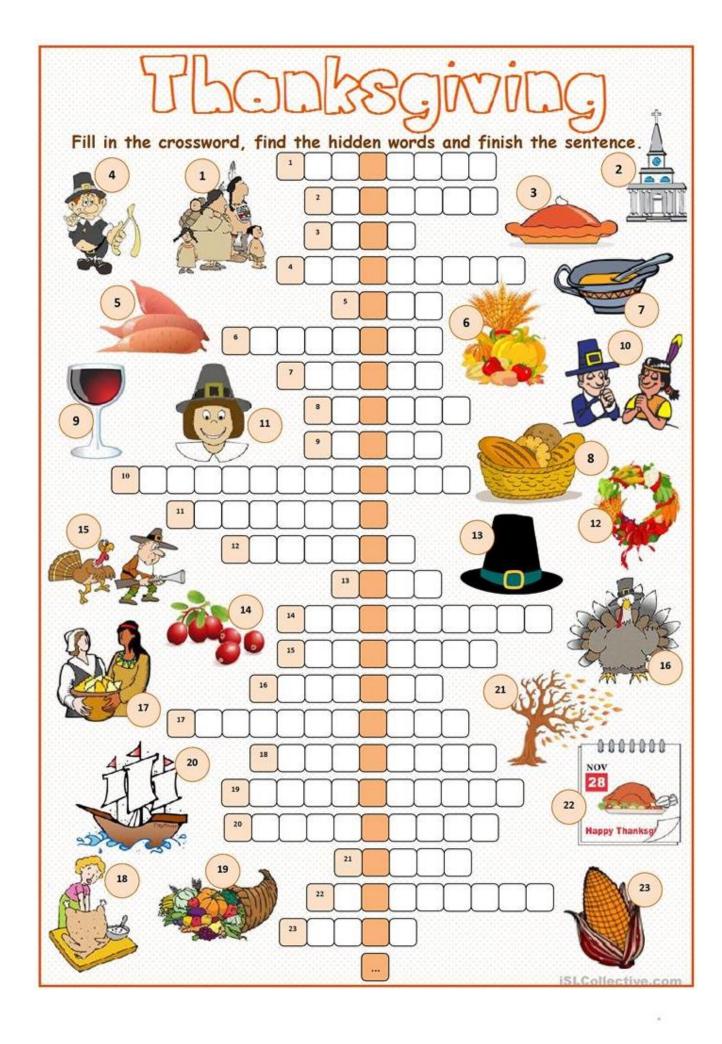
October 2022		9:30 Ring Toss (MPR) 10:30 Open Swim ~ Pool
Parkwood Suites & Garden Homes		
9:30 Pictionary (EDR) 10:30 Muscle Strength (CR) 10:30 Muscle Strength (CR) ** 9:30 Qi Gong (EDR) 10:30 Poetry Reading (CR) 3:00 Aquafit ~ Pool ** 9:30 Balance & Tone (CR) 9:30 Walk & Talk Group (Lobby) 10:30 Hymn Sing (MPR) 10:30 Pictionary (EDR) 6:30 Pictionary (ECR) 7:30 Aquaworship ~ Pool	10:30 Oktoberfest Social	7 10:30 Open Swim ~ Pool 2:00 Thanksgiving Tea (MPR)
2:00 Church Service with Chaplain Alan (MPR) 9:30 Lunch Club Lasagna (EDR) *sign-up required* 10:30 Muscle Strength (CR) 12:00 Lunch Club Lasagna (EDR) *sign-up required* 10:30 Muscle Strength (CR) 12:00 Lunch Club Lasagna (EDR) *sign-up required* 10:30 Aquafit ~ Pool 11 9:30 Balance & Tone (CR) 9:30 Walk & Talk Group (Lobby) 10:30 Hymn Sing (MPR) 2:30 Music with Shakey D (FH) 1:00 Outing to Snyder's Farm *sign-up required 4:15 Muscle Relaxation (3 Floor Den) 6:30 Crazy Painting (CR) 7:30 Aquaworship ~ Pool	10:30 Town Hall Meeting	4 15
2:00 Church Service with Chaplain Alan (MPR) 9:30 Giant Matching Game (EDR) 10:30 Muscle Strength (CR) 2:00 Ladder Ball (MPR) 3:00 Creative Painting (EDR) Simchat Torah Begins 18 9:30 Walk & Talk Group (Lobby) 10:30 Hymn Sing (MPR) 10:30 Hymn Sing (MPR) 10:30 Catholic Mass (FH) 2:00 Crafter's Corner (CR)	10:00 Waterloo Library (Lobby) 1:30 Current Events (CR) 3:00 Ta Chi (CR)	1 10:00 2Hands Clay: Leaf Bowls (FH) 11:00 Open Swim ~ Pool
2:00 Church Service with Chaplain Alan (MPR) 23 Municipal Election 24 9:30 Word Games (EDR) 10:30 Balloon Badminton Municipal Election Voting 2pm-4pm in the Fellowship Hall Diwali (Hindi) 24 9:30 Balance & Tone (CR) 26 9:30 Walk & Talk Group (Lobby) 10:30 Cupcake Baking (EDR) 2:00 Cupcake Decorating (EDR) 10:30 Hymn Sing (MPR) 2:30 Music with Bob McLean (FH)	8:30 Breakfast at Jack's *sign-up required 1:30 Aquafit ~ Pool 1:30 Pumpkin Painting (CR) 3:00 Bagging Halloween Candy (CR)	10:00 Apple Fritter & Hot Apple Cider Social (MPR)
31 10:30 Muscle Strengthening (CR) 2:00 Halloween Social (EDR) Halloween * ~ Zoom	R	



Monthly Activity Calendar ~October 2022

