



**Fairview Parkwood**  
COMMUNITIES

# Community News



FALL 2022 | Volume 1 | Issue 1

## You are welcome here.

As a community founded in God's love for all and grounded in faith, each person is valued and respected.

We honour the spiritual dimension of the human experience and believe that with love the extraordinary is possible.

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## President & CEO Message

As President & CEO of Fairview Parkwood Communities, I am blessed to have the honour to share with you some of the highlights as I reflect on the past year.

First and foremost, I would like to thank two very special people – Nancy Mann and Fred Schiedel. Nancy and Fred completed their tenure on the Fairview and Parkwood Board of Directors this past June. For the past nine years, they have played an integral part to the integrity and growth of the organization and we are forever grateful for their leadership, expertise, time and consideration.

As Nancy and Fred complete their terms, the Delegates voted two new members to the Board at the Annual General Meeting – Ken Martin and Marius Lamprecht. It is my privilege to introduce them to you.

Ken brings a unique blend of entrepreneurial spirit and personal understanding of Fairview Parkwood Communities to the Board of Directors through his various roles and connections. His experience operating his own business and appreciation of building strong relationships will be essential to the Board as we work to 'unleash our capacity'. Ken is Treasurer with the Elmira Mennonite Church.

Marius brings a rich diverse professional and personal background to the Board of Directors. Marius has earned his MBA and designation as a Chartered Professional Accountant supporting his strong planning and analytical skills. His previous experience in health care, senior living and charitable organizations will be fundamental as the organization grows. Marius is currently the Senior Director of Corporate Finance with MEDA.

With the spotlight on people, I would like to turn to the health human resources. Despite a competitive work force, Fairview Parkwood Communities is dedicated to ensuring all residents and tenants continue to receive quality care in a safe environment by developing strategies for recruitment and retention. Over the past year I have met with team members to learn about their future goals and provide opportunities for development. In this newsletter, I am pleased to introduce to you two great successes of personal development – Heather Congdon as the new Executive Director of Fairview Seniors Community and Michelle Rak, as the Director, Clinical Services with the Resource Team.

Also, on the following pages you will find updates about our other initiatives such as the success of the Walk the Kindness Way trek and upcoming Christmas events in the community. These events are special times when residents, tenants, team members and the community come together to celebrate.

As we look ahead, 2023 marks the year of the 80th and 60th anniversary for Fairview and Parkwood respectively. We look forward to honouring our traditions and building on the future with a memorable year.

Finally, I would like to express my gratitude to the Board of Directors for their leadership and support and a sincere thanks to our 23 supporting congregations for your prayer, involvement and interest.

In kindness and with gratitude,

Elaine



The Horst Family: Kindness is hereditary!



Fairview resident, Don Elliott crosses the finish line for the third year in a row.

# Walk the Kindness Way

*Walk the Kindness Way* started as an initiative to bring Fairview and Parkwood together by trekking from one community to the other along the Walter Bean – Grand River Trail.

However, over the years, *Walk the Kindness Way* has become so much more than a weekend trek, it has grown to become a summer long resident program, a stronger connection to our partners and a major fundraising initiative with the goal of supporting the future residents, families and team members.

### Residents

Starting in July, the residents of Fairview and Parkwood start their trek, counting all of their steps until the *Walk the Kindness Way* weekend in September, with the goal of completing the 42 km distance. This year, the residents and tenants well surpassed any expectations by walking the trail an astounding 220 times!

### Connection

*Walk the Kindness Way* is open to all, and we are grateful for the team members, community partners, families and friends who support this initiative. For the past two years, over 100 participants have completed the walk, including Don Elliott, our tenant from the Fairview Seniors

Community Apartments, who has walked the trail three consecutive years! Congratulations Don – you are truly an inspiration to us all!

### Fundraising

As you may be aware, two years ago the Walk Committee made a commitment to use the funds raised to develop Healing Gardens at Fairview and Parkwood. This is a five-year commitment to raise \$250,000. Thanks to the support of our congregations, board members, residents, families, partners, sponsors and team members we are pleased to announce we are more than half way to our goal – with \$142,000 raised!

Words cannot express our heartfelt gratitude for your support. Your time, talent and financial resources are building a sanctuary for the community by providing positive escapes to reflect and disconnect from concerns and anxieties.

The Walk Committee has already started planning the 2023 *Walk the Kindness Way* trek – we hope you will join us on June 3 and 4, 2023.

# Celebrating Holiday Traditions

The holidays are a time of celebration and a season of giving. Holiday traditions play an important role in our communities. As the holiday season approaches, we invite you to participate in some of the traditions at Fairview and Parkwood.



### FAIRVIEW

**Handicraft Sale**  
November 19, 9 a.m. to 2 p.m.  
515 Langs Drive, Cambridge

**Kindness Trees**  
November 21 to December 16  
Gift idea special to each resident and tenant on the campus

### PARKWOOD

**Christmas Bazaar**  
December 1, 11 a.m. to 3 p.m.  
726 New Hampshire Street,  
Waterloo

**Giving Trees**  
Starting November 28



## The Delphine and Lloyd Martin Apartments at Parkwood

If you have driven past Parkwood lately, you will have noticed a significant change in the landscape.

In September, construction of *The Delphine and Lloyd Martin Apartments* commenced. This development supports our vision to ‘Build a Community for All’, as 30 percent of the one-bedroom apartments will be offered as affordable housing.

Although completion anticipated in Winter 2023/24, the excitement of *The Delphine and Lloyd Martin Apartments* is growing with inquiries into the waitlist.

We are pleased to share that a Presentation Centre is scheduled to

open in January 2023. The Centre will provide additional details such as floor plans, pricing and amenities.

Those who are on the wait list will also be provided with the opportunity to secure their unit with a deposit.

For more information, please read the *Waitlist Update* newsletter [here](#).

If you are interested in watching the construction progress, please visit the [gallery](#) on our website for monthly updates and pictures.



## Long-Term Care Expansion (Fairview)

Fairview Seniors Community was grateful to be approved an additional 108 long-term care beds from the Ministry of Long-Term Care.

The Land & Building Committee has been working with the architect and the construction company to develop the renderings and phasing of the Fairview Long-Term Care expansion. We look forward to keeping you informed as the project moves forward.



# Human Resources

At Fairview Parkwood Communities we value our team members and believe in developing and growing our people.

One key strategy is succession, identifying key and critical positions, highlighting potential vacancies and focusing on the development of individuals within the organization to meet those future needs.

We are pleased to share some of the team members who have shifted into new positions through our succession program.

**Heather Congdon** has accepted the role of Executive Director of Fairview Seniors Communities.

Heather joined the Fairview team in June 2012. During her tenure, she has held key positions building her knowledge and understanding of the overall community, most recently as the Director, Housing Services. As Executive Director, Heather will oversee the operations of Fairview Seniors Community.

**Michelle Rak** joined the Resource Team as the Director, Clinical Services. During her tenure with

Fairview Parkwood Communities, Michelle has held the Director of Care role in the long-term care at both campuses. Michelle's knowledge of long-term care, clinical practices, relationships with community partners and her experience at Fairview and Parkwood is invaluable in her new role supporting the clinical teams in both communities.

## Welcome new team members

**Michelle Boese** is the new Director of Programs with Fairview Seniors Community. Michelle's diverse background in long-term care and retirement includes leadership roles in Recreation and Leisure Services.

**Lindsay Hicks** has joined the Parkwood team as the Director of Programs. Lindsay has an extensive background in long-term care including leadership profiles in various Programs departments.

## Join Our Team!

We look for people who share our values of Faith, Kindness, Truth, Excellence and Accountability.

Experience what it means to be part of a team, where your work matters and you are valued.

**Ready to unleash your career?**  
Visit our **Careers** page today.



Fairview and Parkwood are registered charitable non-profit corporations.

## Your gifts are important to us.

Please consider a gift as you make year-end giving decisions, or as you plan gifts for the year.

## How Can you Contribute?

- **Volunteer!** Our volunteers are a great asset at Fairview Parkwood Communities and new volunteers are warmly welcomed. Contact volunteer coordinators at [volunteer@fairviewmh.com](mailto:volunteer@fairviewmh.com) or [volunteer@parkwoodmh.com](mailto:volunteer@parkwoodmh.com)
- **Support a fundraiser!** Throughout the year there are craft sales, auctions, events and more – your contribution helps fund enhanced services.
- **Donate!** Your donations are received with gratitude. Visit our websites to learn more.
- **Parkwood Affordable Housing.** The Delphine and Lloyd Martin Apartments at Parkwood will offer 28 affordable housing apartments. Consider making a year-end contribution to provide appliances to an affordable housing unit or sofas for the lounge. For more information, please **visit the website**.
- **Leave a Legacy.** Bequests in your will can make a big difference. A simple option is to give through Abundance Canada: [abundance.ca](http://abundance.ca) (formerly *Mennonite Foundation of Canada*).

Fairview Parkwood Communities' newsletter – **Community News** – is a bi-annual publication edited by Elaine Shantz and Erna Koning.



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