

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Friendly Visits 10:30 Sunday Service with Chaplain Alan (FH) 2:00 Movie Matinee New Year's Day	2 9:30 Horticulture 10:30 Chaplain Visits 2:00 Mindful Meditation (Den) 3:00 Memory Match 3:30 Hymn Sing with Chaplain Alan	3 9:30 Hand & Nail Spa 10:30 Ball Toss 2:00 Bingo (FH)	4 Christmas Takedown 2:30 Music with Martin Wall (FH) 4:00 Seated Yoga (Alcove) 6:00 Craft Corner: Making Perpetual Calendars	5 Christmas Takedown 2:00 Bowling Bonanza (FH) 6:00 Pathways Music Group	6 Christmas Takedown 10:30 Exercise Circle (Alcove) 3:00 Jigsaw Puzzles	7 9:30 In the News (Den) 10:30 Hangman Word Game 2:00 Crokinole (Den) 3:00 Root Beer Float Social
8 9:15 Friendly Visits 10:30 Sunday Service with Chaplain Alan (FH) 2:00 Baking: Black Forest Trifle	9 10:00 Making Soup (FH) 10:30 Chaplain Visits 12:00 Lunch Club: Chicken Pot Pie Chowder (Sign up Required) 2:30 Memory Match 3:30 Hymn Sing with Chaplain Alan	10 9:30 Qi Gong (FH) 10:00 Catholic Visits 10:30 Friendly Visits 2:00 Bingo (FH)	11 10:00 Open Minds Heart Program (FH) 2:00 Mindful Meditation (Den) 3:00 Shut the Box Game 3:30 Crafters Corner: Water Bead Air Fresheners 6:00 "Show and Tell" Discussion	12 1:00 Sensory Spa 2:00 Bowling Bonanza (FH) 6:00 Pathways Music Group	13 9:30 Reading Corner (Den) 10:30 Ball Toss 2:00 Craft Corner: Snow Owls 3:00 Strolls	14 9:30 Sit and be Fit 10:30 Word Games 2:00 Discussion: Winter Memories 3:00 Bean Bag Toss
15 9:15 Friendly Visits 10:30 Sunday Service with Chaplain Alan (FH) 2:00 Tea and Reminisce 3:00 Balloon Volleyball	16 9:30 Horticulture 10:30 Exercise Circle (Alcove) 10:30 Chaplain Visits 2:00 Word Search Puzzles 3:00 Crokinole (Den) 3:30 Hymn Sing with Chaplain Alan Martin Luther King Jr. Day	17 10:30 Memorial Service (FH) 2:00 Bingo (FH)	18 10:00 Open Minds Heart Program (FH) 2:30 Welcome Tea (FH) 3:30 Zumba! (Alcove) 6:00 Name that Tune	19 10:30 Resident Council (FH) 1:00 Friendly Visits 2:00 Bowling Bonanza (FH) 6:00 Pathways Music Group	20 9:30 Seated Yoga 10:30 Trivia 2:00 One to One Visits 3:00 Guess that Tune	21 9:30 In the News (Den) 10:30 Parkwood Derby (FH) 2:00 Movie Matinee: Penguins
22 9:15 Friendly Visits 10:30 Sunday Service with Chaplain Alan (FH) 2:00 Baking: Chocolate Cream Pie 3:00 Discussion Group: Chinese New Year Chinese New Year (Year of the Rabbit)	23 10:00 Drum Fit 10:30 Chaplain Visits 2:00 Pie & Tea Social 3:00 Reading Corner (Den) 3:30 Hymn Sing with Chaplain Alan Activity Professionals Week	24 9:30 Qi Gong (FH) 10:30 What Am I? 12:00 Lunch Club: Chinese Food (Sign up is Required) 2:30 Bingo (FH)	25 10:00 Open Minds Heart Program (FH) 10:30 Catholic Mass (FH) 2:00 Mindful Meditation 3:00 Crokinole (Den) 3:30 Discussion: Skiing and Winter Sports 6:00 Name that Tune	26 10:00 Music with Brent M (FH) 1:00 Sensory Spa (Den) 2:00 Bowling Bonanza (FH) 6:00 Pathways Music Group Australia Day (observed)	27 9:30 Reading Corner (Den) 10:30 Ball Toss 2:00 Travelogue: Siena & Tuscany 3:00 Strolls	28 9:30 Bean Bag Toss 10:30 Word Games 2:00 Hot Chocolate Social 3:00 Craft: 3D Snowflakes
29 9:15 Friendly Visits 10:30 Sunday Service with Chaplain Alan (FH) 2:00 Tea and Reminisce 3:00 Balloon Volleyball	30 9:30 Discussion Group: Sports and Sports Teams 10:30 Exercise Circle (Alcove) 10:30 Chaplain Visits 2:00 Mindful Meditation (Den) 3:00 Jig Saw Puzzles 3:30 Hymn Sing with Chaplain Alan	31 9:30 Qi Gong (FH) 10:30 Hand & Nail Spa 2:00 Bingo (FH)	January 2023 Weber Woods			