

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Kindred Bank 9:30-10:30am 9:30 Balance & Tone (CR) 10:30 Balance & Tone (GYM) ~3 rd & 4 th floor only 10:30 Hymn Sing (MPR) 2:00 Open minds Heart Program (EDR) 2:30 Music with Bob Maclean (FH)	2 9:30 Sound of Music Prt1 (EDR) ~ 3 rd & 4 th floor only 10:30 Bible Study (EDR) 2:30 BINGO! (EDR) 4:15 Muscle relaxation (3 rd Floor Den) 3 rd & 4 th floor only 6:15 Short Stories (CR)	3 9:30 Balloon Badminton (CR) 10:30 Yahtzee (MPR) 2:00 Sound of Music Prt 2 (EDR) 2:00 Creative Painting (MPR) 3:00 Dominoes (CR)	4 1:30 Exercise with Stephanie (CR)
5 2:00 Church Service with Chaplain Alan (MPR)	6 10:00 Food Committee Meeting (MPR) 2:00 Sydney's costa Rica Trip Slide Show (EDR) 3:30 Musical Entertainment with Laurier Music Students (MPR) <small>Purim Begins</small>	7 9:30 Qi Gong (FH) 10:30 Ladder ball 2:00 Tea and Reminisce 3:00 Word Games	8 Kindred Bank 9:30-10:30am 9:30 Balance & Tone (CR) 10:30 Hymn Sing (MPR) 10:30 Catholic Mass (FH) 2:00 Open minds Heart Program (EDR)	9 9:30 Ladder Ball 10:30 Men's Club (EDR) 2:30 BINGO! (EDR) 4:15 Muscle relaxation (3 rd Floor Den) 6:15 Current Events (CR)	10 9:30 Balloon Badminton (CR) 10:30 "Falls Prevention" Inservice (EDR) 1:30 Bus Outing: Stanley Park Mall	11 1:30 Exercise with Stephanie (CR) 2:30 Music with Martin Wall (FH)
12 2:00 Church Service with Chaplain Alan (MPR) <small>Daylight Saving Time Begins</small>	13 9:30 Muscle Strength (CR) 10:30 Name, Place, Animal, Thing (MPR) 2:00 Fun with Colors (CR) 3:30 Musical Entertainment with Laurier Music Students (MPR)	14 9:30 Qi Gong (FH) 10:30 Dominos (MPR) 2:00 Historical Aviation Program (FH)	15 Kindred Bank 9:30-10:30am 9:30 Giant Matching Game (MPR) 10:30 Hymn Sing (MPR) 2:00 Open minds Heart Program (EDR)	16 9:30 Beach Ball Fun (CR) 10:00 Chaplain Choice Movie: The Gospel of John – Pt1 (EDR) 2:30 BINGO (MPR) 4:15 Muscle relaxation (3 rd Floor Den)	17 9:30 Ladder Ball (MPR) 2:30 St. Patrick's Day Party (FH) <small>St. Patrick's Day</small>	18 1:30 Exercise with Stephanie (CR)
19 2:00 Church Service with Chaplain Alan (MPR)	20 9:30 Giant Matching Game (MPR) 10:30 Muscle Strength (CR) 2:00 Root Beer Float Social (MPR) 3:00 Aquafit ~ Pool 3:30 Musical Entertainment with Laurier Music Students (MPR) <small>Spring Begins</small>	21 9:30 Beach Ball Fun (CR) 10:00 In Service: Fire Safety & Education (EDR) 2:00 BINGO! (EDR)	22 Kindred Bank 9:30-10:30am 9:30 Balance & Tone (CR) 10:30 Hymn Sing (MPR) 2:00 Open minds Heart Program (EDR) <small>Ramadan Begins</small>	23 9:30 Ladder Ball (CR) 10:30 What Am I? (EDR) 2:30 Music with Brent M (FH) 5:00 6 Floor Dinner (EDR)	24 9:30 Balloon Badminton (CR) 11:00 Bus Outing: Red Lobster 2:00 Fun with Colors (CR) 3:00 Riddle Time (CR) 3:00 Leisure Swim ~ Pool	25 1:30 Exercise with Stephanie (CR)
26 2:00 Church Service with Chaplain Alan (MPR)	27 9:30 Guess the Phrase (CR) 10:30 Muscle Strength (CR) 2:00 Current Events (MPR) 3:00 Aquafit ~ Pool 3:30 Musical Entertainment with Laurier Music Students (MPR)	28 9:30 Qi Gong (FH) 10:30 Uno Card Game (EDR) 2:00 Tea and Reminisce (MPR) 3:00 Drum Fit	29 Kindred Bank 9:30-10:30am 9:30 Balance & Tone (CR) 10:30 Hymn Sing (MPR) 2:00 Open minds Heart Program Poetry Reading (EDR) 2:30 Music with Manvir (FH)	30 9:30 Name, Place, Animal, Thing (CR) 10:30 Prayer Group (EDR) 2:30 BINGO! (EDR) 4:15 Muscle relaxation (3 rd Floor Den) 6:15	31 9:30 Balloon Badminton (CR) 10:30 Yahtzee (MPR) 2:00 Jeopardy (EDR) 3:00 Leisure Swim ~ Pool	Legend MPR ~ Multi-purpose Room CR ~ Craft Room EDR ~ Education Room FH ~ Fellowship Hall