

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend:  Craft Room ~ CR  Multi Purpose Room ~ MPR  Education Room ~ EDR  Board Room ~ BR  Games Room ~ GR  Fellowship Hall ~ FH  Front Patio (FP)  Front Foyer (FF)	1 9:30 Giant Matching Game (MPR) 10:30 Muscle Strength (CR) 2:30 Root Beer Float Social (FP) May Day	2 9:30 Qi Gong (FH) 10:30 Yahtzee (MPR) 2:00 Craft: Making Fascinators (MPR) 3:00 Short Stories (CR)	3 9:30 Balance & Tone (CR) 10:30 Hymn Sing (MPR) 12:00 BBQ Lunch (FP) 3:00 Outdoor Strolls (FF)	4 10:00 Music with Brent M (FH) 10:30 Bible Study (CR) 2:00 BINGO! (MPR)	5 10:00 Horse Races (FH) 1:00 Bus Outing: Butterfly Conservatory (FF) Cinco de Mayo	6 1:45 Exercise Class (CR)
7 10:30 Sunday Service with Chaplain Alan (FH) 3:00 Holy Cross Church Choir (FH)	8 2:00 Short Stories (MPR) 3:00 Crokinole (GR)	9 9:30 Qi Gong (FH) 10:30 Ladder Ball (CR) 2:00 Current Events (CR) 2:15 Outdoor Strolls (FF) 3:00 UNO Card Game (MPR) 4:15 Muscle Relaxation (3 rd Floor Den) 6:30 Aquafit ~ Pool	10 9:30 Balance & Tone (CR) 10:30 Hymn Sing (MPR) 2:30 Music with Traci Kennedy (FH)	11 9:30 Sit and Be Fit (CR) 10:30 Men's Group (EDR) 10:30 Dominoes (MPR) 2:00 BINGO! (MPR) 5:00 6 th Floor Dinner (EDR)	12 10:00 Sharp Attack Quartet (FH) 2:00 Baking (EDR) 3:00 Crokinole (CR)	13 9:30 Beach Ball Fun (CR) 10:30 Aqaufit ~Pool 11:15 Aquaworship ~ Pool 2:00 Mother's Day Tea with Seonen Sisters (FH)
14 2:00 Sunday Service with Chaplain Alan (FH) Mother's Day National Skilled Nursing Week	KMW Clothing 1-4pm 15 2:00 Tea and Reminisce (EDR) 3:00 Muscle Strength (Gym)	16 9:30 Qi Gong (FH) 10:30 Yahtzee (MPR) 2:00 Jeopardy (EDR) 3:00 Outdoor Strolls (FF) 4:15 Muscle Relaxation (3 rd Floor Den) 6:30 Aquafit ~ Pool	17 9:30 Beach Ball Fun (CR) 10:30 Hymn Sing (MPR) 2:00 Creative Painting (CR) 3:00 Ring Toss (CR)	18 9:30 Giant Matching Game (CR) 10:30 Chaplain's Choice Movie (EDR) 2:00 BINGO! (MPR)	19 9:30 Chair Yoga (CR) 11:00 Bus Outing: Lunch at Bonnie Lou's Cafe (FF) 3:00 Open Swim – Pool	20 Armed Forces Day
21 2:00 Sunday Service with Chaplain Alan (FH)	22 9:30 Balloon Badminton (CR) 10:30 Uno Card Game (CR) 2:00 Current Events (CR) 3:00 Outdoor Strolls (FF)	23 9:30 Beach Ball Fun (CR) 11:00 Bus Outing: Langdon Hall (FF) 2:15 Outdoor Strolls (FF) 3:00 JAVA Music with Laurier Students (CR) 4:15 Muscle Relaxation (3 rd Floor Den) 6:30 Aquafit ~ Pool	24 9:30 Balance & Tone (CR) 10:30 Hymn Sing (MPR) 2:00 Claire's Israel Trip (EDR) 3:00 Outdoor Strolls	25 9:30 Guess what I am? (CR) 10:30 Prayer Group (CR) 10:30 1:1 Gym Time with Sydney (Gym) 2:00 BINGO! (MPR)	26 9:30 Laughter Yoga (CR) 12:00 Kindness Walk Fundraiser BBQ 2:00 Shufflebord (MPR) 3:00 Open Swim – Pool	27 9:30 Beach Ball Fun (CR) 10:30 Aqaufit ~Pool 11:15 Aquaworship ~ Pool 2:00 BINGO! (MPR) 3:30 Muscle Relaxation (3 rd Floor Den)
28 2:00 Sunday Service with Chaplain Alan (FH)	29 9:30 Muscle & Tone (CR) 10:30 Baking (EDR) 2:00 Tea and Reminisce (CR) 3:00 Dominoes (CR)	30 9:30 Qi Gong (FH) 10:30 Fun & Games (CR) 2:00 Outdoor Planting 4:15 Muscle Relaxation (3 rd Floor Den) 6:30 Aquafit ~ Pool	31 9:30 Balance & Tone (CR) 10:30 Hymn Sing (MPR) 2:30 Music with Kevin Coates (FH)	 <div> MAY 2023 Parkwood Suites & Garden Homes </div>		

Type the name, address, and other information about your community/company here.



Mother's Day

Second Sunday of May

G	T	O	A	N	O	I	T	A	I	C	E	R	P	P	A
D	E	T	O	V	E	D	C	W	G	A	E	R	A	H	S
E	N	E	A	M	L	O	A	E	U	S	T	F	I	G	T
T	D	A	O	O	M	R	N	I	I	O	C	W	I	S	E
H	E	M	V	F	M	O	S	I	D	H	O	S	U	T	P
E	R	E	O	S	H	B	R	E	A	K	F	A	S	T	R
B	E	R	R	P	R	T	I	R	N	O	U	P	M	E	O
E	T	Y	E	G	R	E	M	A	C	H	E	O	L	T	T
S	E	L	R	C	N	I	W	M	E	R	E	U	M	R	E
T	E	E	A	E	N	I	A	O	F	O	F	S	O	E	C
T	N	N	R	G	L	T	V	U	L	I	T	E	T	T	T
E	D	A	R	U	E	E	M	I	T	F	O	S	H	H	I
Y	E	A	V	R	T	E	W	U	G	E	Y	S	E	G	V
E	E	Y	N	R	I	R	A	E	W	R	G	I	R	U	E
M	O	A	E	O	T	E	U	E	J	U	O	K	C	A	T
J	L	A	G	R	B	I	I	N	H	U	O	F	E	L	N

APPRECIATION
BEAUTIFUL
BREAKFAST
CANDY
CHARMING
COMFORT
DEVOTED
FLOWERS
FORGIVING
GIFTS

GUIDANCE
HUGS
JEWELRY
JOY
KISSES
LAUGHTER
LOVE
MATERNAL
MOM
MOTHER

NURTURE
PERFUME
PROTECTIVE
SHARE
TELEPHONE
TENDER
THE BEST
WARM
WISE



Monthly Activity Calendar

~May 2023~



Happy
Mother's
Day



Parkwood
SENIORS COMMUNITY