<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
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| **November 2023**  
*Weber Woods*  
Parkwood Mennonite Home ~ Weber Woods  
Parkwood Mennonite Home ~ Weber Woods  
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Parkwood Mennonite Home ~ Weber Woods  
Parkwood Mennonite Home ~ Weber Woods  
Parkwood Mennonite Home ~ Weber Woods  | 9:30 Friendly Visits  
10:30 Sunday Service with Chaplain Lisa (FH)  
2:30 Active Games  
Parachute (FH)  | 8:00 Breakfast Club *sign up required*  
10:00 Spirit Circle with Ellen (FH)  
10:30 Horticulture  
2:00 Mindful Meditation (Den)  | 9:30 Qi Gong (FH)  
10:30 Word Puzzles  
2:30 Music with Traci Kennedy (FH)  | 10:30 Resident Council (FH)  
1:00 Friendly Visits  
2:00 Bowling Bonanza (FH)  
6:00 Pathways Music Group  | 9:30 Silk Scarves (FH)  
2:00 Puzzles  
3:00 Indoor Strolls  
3:30 Hymn Sing with Chaplain Lisa  | 9:30 Hand and Nail Spa  
10:30 "Dream Catcher Day": Exploring the History of Dream Catchers  
2:30 Crochet Club (FH)  |
| 9:30 Friendly Visits  
10:30 Sunday Service with Chaplain Lisa (FH)  
2:00 Hot Chocolate Social (FH)  | Christmas Decorating  
Week ➔  
10:00 Spirit Circle with Ellen (FH)  
2:00 Bingo (FH)  
3:30 Therapy Dog Visits with Robert Red Beard  
3:30 November Trivia  
6:00 Name That Tune  | 10:00 Memorial Service (FH)  
2:00 Bingo (FH)  | 9:30 Qi Gong (FH)  
10:30 Catholic Mass (FH)  
11:00 Outing: Lunch at Jack’s Restaurant *sign up required*  
2:30 Christmas Tree Decorating in WW  
6:00 Movie Night  | 10:30 Presbyterian Church Devotions (FH)  
1:00 Friendly Visits  
2:00 Bowling Bonanza (FH)  
3:30 Therapy Dog Visits with Mowgli the Golden Retriever  
6:00 Pathways Music Group  | 9:30 Choir Practice (FH)  
10:30 Friendly Visits  
2:00 Starbucks Social (FH)  
3:30 Hymn Sing with Chaplain Lisa  | 9:30 Friendly Visits  
10:30 Remembrance Day Reflection  
2:00 Disney Nature: African Cats  |
| 9:30 Friendly Visits  
10:30 Sunday Service with Chaplain Ellen (FH)  
2:00 Hot Chocolate Social (FH)  | 9:30 Outing: Dollarama *sign up required*  
10:00 Spirit Circle with Ellen (FH)  
2:00 Hand & Nail Spa  
12:00: Lunch Club: Pizza *sign up required*  
2:30 Bingo (FH)  
2:00 October/November Birthday Party (FH)  
3:00 Indoor Strolls  | 9:30 Qi Gong (FH)  
10:30 Hand & Nail Spa  
12:00: Lunch Club: Pizza *sign up required*  
2:30 Bingo (FH)  | 9:30 Qi Gong (FH)  
10:30 Word Puzzles  
2:30 Music with Traci Kennedy (FH)  | 10:00 Music with Uptown Swing Band (FH)  
1:00 Friendly Visits  
2:00 Bowling Bonanza (FH)  
6:00 Pathways Music Group  | 9:30 Choir Practice (FH)  
9:30 Finishing Christmas Decorating  
2:00 Jigsaw Puzzles  
3:00 Helping Hands  
3:30 Hymn Sing with Chaplain Lisa  | 9:30 2Hands Clay: Christmas Gnomes (FH)  
2:00 Sensory Walks  
3:00 Reading Corner: Short Stories  |
| 9:30 Friendly Visits  
10:30 Sunday Service with Chaplain Brown (FH)  
2:00 Bazaar Prep: Making Haystack Cookies  | 9:30 Ball Toss  
10:00 Spirit Circle with Ellen (FH)  
10:30 Friendly Visits  
2:00 Mindful Meditation (Den)  
3:00 Memory Match  
3:30 Therapy Dog Visits with Robert Red Beard  
3:30 November Jeopardy  
6:00 Pathways Sing Along  | 9:30 Qi Gong (FH)  
2:00 Bingo (FH)  | 9:30 Qi Gong (FH)  
10:30 Hand & Nail Spa  
9:30 RC Communion Visits  
10:30 Helping Hands  
2:00 Music with Muriel & Marilyn (FH)  
6:00 Movie Night  | 1:00 Friendly Visits  
2:00 Bowling Bonanza (FH)  
3:30 Therapy Dog Visits with Mowgli the Golden Retriever  
6:00 Pathways Music Group  | 9:30 Choir Practice (FH)  
10:30 Board Games  
2:00 Craft: Shrinky Dink Keychains  
3:30 Friendly Visits  
3:30 Hymn Sing with Chaplain Lisa  | 9:30 Hangman Word Game  
10:30 Parkwood Derby (FH)  
2:30 Music with Martin Wall (FH)  |
| 9:30 Friendly Visits  
10:30 Sunday Service with Niamh Brown (FH)  
2:00 Bazaar Prep: Making Haystack Cookies  | 9:00 Bazaar Prep  
6:00 Movie Night  | 9:30 Friendly Visits  
10:30 Resident Council (FH)  
1:00 Friendly Visits  
2:00 Bowling Bonanza (FH)  
6:00 Pathways Music Group  | 9:00 Bazaar Prep  
6:00 Movie Night  | 9:00 Bazaar Prep  
6:00 Movie Night  | 9:00 Bazaar Prep  
6:00 Movie Night  | Thanksgiving Day (US)  |
| 9:30 Friendly Visits  
10:30 Sunday Service with Niamh Brown (FH)  
2:00 Bazaar Prep: Making Haystack Cookies  | 9:30 Friendly Visits  
10:30 Resident Council (FH)  
1:00 Friendly Visits  
2:00 Bowling Bonanza (FH)  
6:00 Pathways Music Group  | 9:30 Friendly Visits  
10:30 Resident Council (FH)  
1:00 Friendly Visits  
2:00 Bowling Bonanza (FH)  
6:00 Pathways Music Group  | 9:00 Bazaar Prep  
6:00 Movie Night  | 9:00 Bazaar Prep  
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6:00 Movie Night  |

**Remembrance Day (Canada)**

**Veterans Day**