Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	SR – Sunroom	10:30 Jokes & Riddles (CR) 1:30 Bocce Ball (CR Hallway)	9:30 Beach Ball Fun (CR) 10:30 Hymn Sing (MPR) 1:30 Dominoes (MPR) 2:30 Bean Bag Toss (CR)	9:30 Upper Body Strength (CR) 10:30 Brain Teasers (CR) 1:15 Hot Wax Treatment (Gym)	12:00 Lunch Club: Swiss Chalet (MPR) *Sign-up	10:00 Exercise Circle with Brandon (CR) 10:00 Fitness Support with Caleb (Gym) 2:00 Crochet Club (FH)
Chaplain Ellen (FH)	(FH)	9:30 Qi Gong (FH) 10:30 Current Events (CR) 2:30 Yahtzee (MPR)	9:30 Balloon Badminton (CR) 10:20 RC Communion Visits 10:30 Hymn Sing (MPR) 1:30 Ring Toss (CR)	9:30 Strength & Conditioning (CR) 10:30 Waterloo Taxi Presentation (MPR) 1:15 Hot Wax Treatment (Gym) 2:00 Noteworthy Singers (FH)	Resident/Family	10:00 Fitness Support with Caleb (Gym)
,	Chaplain Ellen (CR)	9:30 Qi Gong (FH) 10:30 Poetry Reading (CR) 1:30 Giant Scrabble (GR) 2:30 April Birthday Celebration (MPR)	9:30 Beach Ball Fun (CR) 10:30 Hymn Sing (MPR) 11:30 Outing: Anna Mae's *Sign-up required 2:00 Travelogue: African Safari with Anita (FH)	9:30 Strength & Conditioning (CR) 10:30 Worship & Communion with Knox Church (FH)	9:30 Flexibility Fitness (CR) 10:30 Good Friday Service (FH) 1:30 Jeopardy (CR)	Ü
Easter Sunday 20 10:30 Sunday Service with Chaplain Lisa (FH)	9:30 Strength & Conditioning (CR) 10:30 Easter Egg Decorating (CR) 1:30 Word Games (CR)	10:30 YAHTZEE (MPR)  1:30 Outing: Walmart *Signup required	*Sign-up required	\···/	9:30 Strength & Conditioning (CR)  10:30 Retirement Suites  Town Hall Meeting (DR)  1:30 Ladder Ball Toss (CR)	26
Chaplain Lisa (FH)	1:30 Bocce Ball (CR Hallway) 2:30 Spirit Circle with Chaplain Ellen (CR)	10:00 Music with Kevin Coates (FH) 1:30 Manicures (CR) 2:30 UNO (MPR) 5:00 Retirement Suites 6 <sup>th</sup> Floor Dinner (MPR)	9:30 Beach Ball Fun (CR) 10:30 Catholic Mass (FH) 10:30 Hymn Sing (MPR) 1:30 Ring Toss (CR) 2:30 Baking: Oatmeal Chocolate Chip Cookies (MPR)	Ap	11 2 Suites, Garden Home	

Contact Recreation: (519) 885-0090 Ext. 275 or recreation@parkwoodmh.com or Lindsay Hicks Ext. 339 or Ihicks@parkwoodmh.com

<b>13</b> 5	April 2025 Pool Schedule	_ <b>&gt;</b>	30	29 3:30 Aquafit	28 2:30 Aquafit 3:00 Open Swim	27
26	25 2:30 Aquafit 3:00 Open Swim	24 2:30 Aquafit 3:00 Open Swim	23	4:00 Aquafit 6:30 Open Swim	21	20
19	18	17	16	15	14	13
12	11	2:30 Aquafit 3:00 Open Swim	2:30 Aquafit 3:00 Open Swim	4:00 Aquafit 6:30 Open Swim	7 2:30 Aquafit 3:00 Open Swim	6
თ	2:30 Aquafit 3:00 Open Swim	3:00 Aquafit 3:00 Open Swim	2	4:00 Aquafit 6:30 Open Swim	s will be 30	*Aquatic programs will be 30 minutes each*
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday

## ACTIVITY CALENDAR APRIL 2025

