

February 2026

Pool Calendar - Health and Wellness Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	9:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	4:00 Aquafit 4:30 Open Swim	12:00 Ladies Class 1:00 Friendly Float 2:00 Men's Class 3:00 Calm Water 5:00 Aquability 6:00 Aquafit	2:30 Aquafit 3:00 Open Swim	09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	10:00 Aquafit 10:30 Open Swim
8	9	10	11	12	13	14
	9:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	4:00 Aquafit 4:30 Open Swim	12:00 Ladies Class 1:00 Friendly Float 2:00 Men's Class 3:00 Calm Water 5:00 Aquability 6:00 Aquafit	2:30 Aquafit 3:00 Open Swim	09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	10:00 Aquafit 10:30 Open Swim
15	16	17	18	19	20	21
	9:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	4:00 Aquafit 4:30 Open Swim	12:00 Ladies Class 1:00 Friendly Float 2:00 Men's Class 3:00 Calm Water 5:00 Aquability 6:00 Aquafit	2:30 Aquafit 3:00 Open Swim	09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	10:00 Aquafit 10:30 Open Swim
22	23	24	25	26	27	28
	9:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	4:00 Aquafit 4:30 Open Swim	12:00 Ladies Class 1:00 Friendly Float 2:00 Men's Class 3:00 Calm Water 5:00 Aquability 6:00 Aquafit	2:30 Aquafit 3:00 Open Swim	09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 12:00 Calm Water 2:30 Aquafit 3:00 Open Swim	10:00 Aquafit 10:30 Open Swim
1	2	3	4	5	6	7

Pool Class Type

Aquability

Calm Water

Aquafit

Friendly Float

Ladies Class

Men's Class

Campus Classes

