

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026



Parkwood Suites, Garden Homes, and DLMA

<div>1</div> <div>2:30 WPL Tech Sessions 2:30 Spirit Circle with Chaplain Ellen (CR)</div> <div>Tu B'Shevat Begins</div>	<div>2</div> <div>9:30 Current Events (lobby) 9:30 Qi Gong (FH) 10:30 Creative Painting (CR) 2:00 Resident Drop-In (DR) 2:00 Dominos (CR)</div> <div>Groundhog Day</div>	<div>3</div> <div>9:30 Bean Bag Toss (MPR) 9:30 Seated Dance with Lauren (FH) 10:30 Hymn Sing (MPR) 2:00 Retirement Tea for Hairdresser Ann (FH)</div>	<div>4</div> <div>9:30 Strength & Conditioning (CR) 10:30 Memorial Service (FH) 1:15 Hot Wax Treatment (Gym) 1:15 Bocce Ball (CR Hallway)</div>	<div>5</div> <div>9:30 Word Games (CR) 10:00 Music with Henry Winter (FH) 2:00 Bowling (FH)</div>	<div>6</div> <div>10:00 Exercise Circle with Brandon (CR) 10:00 Fitness Support with Caleb (Gym) 1:30 Bean Bag Baseball (CR)</div>
<div>8</div> <div>10:30 Sunday Service with Chaplain Lisa (FH)</div>	<div>9</div> <div>9:30 Ring Toss (MPR) 12:00 Lunch Club: Pizza (MPR) *Sign-up required 1:30 Beach Ball Toss (CR) 2:30 Spirit Circle with Chaplain Ellen (CR) 3:30 Current Events (CR)</div>	<div>10</div> <div>9:30 Upper Body Strength (CR) 10:00 Kindred Banking 10:30 February Birthday Party (CR) 1:30 Bingo (CR) 3:00 Valentines Card Making (CR)</div>	<div>11</div> <div>9:30 Wellness Group (lobby) 10:00 Music with Brent M (FH) 10:20 RC Communion Visits 1:30 Hot Wax Treatment 2:30 Yahtzee (CR)</div>	<div>12</div> <div>Wellness Center Open House 10am-3pm</div>	<div>13</div> <div>9:30 Valentines Reminisce (lobby) 12:00 Couples Cupid Lunch (FH) *sign up required 2:00 Paint and Sip (CR) sign up required</div>
<div>15</div> <div>10:30 Sunday Service with Chaplain Lisa (FH)</div>	<div>16</div> <div>9:30 Flexibility Fitness CR) 10:30 Word Games (CR) 2:30 Spirit Circle with Chaplain Ellen (CR)</div> <div>Presidents' Day (U.S.)</div>	<div>17</div> <div>9:30 Qi Gong (FH) 1:30 Outing: Dollarama *Sign-up required 2:00 UNO (CR)</div> <div>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</div>	<div>18</div> <div>9:30 Seated Dance with Lauren (FH) 10:30 Hymn Sing (MPR) 11:30 Outing: Montana's *Sign-up required 2:00 Music with MillerMac (FH) 6:15 Movie Night (CR)</div>	<div>19</div> <div>9:30 Lower Body Strength (CR) 10:30 Worship with Janice (FH) 2:00 Dominoes (CR)</div>	<div>20</div> <div>10:00 Men's Club (CR) 1:30 Hot Wax Treatment (Gym) 2:30 Poetry Reading (CR)</div>
<div>22</div> <div>10:30 Sunday Service with Chaplain Lisa (FH)</div>	<div>23</div> <div>1:30 Manicures (MPR) 2:30 Spirit Circle with Chaplain Ellen (CR)</div>	<div>24</div> <div>9:30 Upper Body Strength (CR) 10:00 Kindred Banking 2:00 Music with Jeff Poolton (FH) 5:00 Suites 6th Floor Dinner (MPR)</div>	<div>25</div> <div>8:30 Outing: Stacked Pancake *Sign-up required 10:30 Catholic Mass (FH) 10:30 Hymn Sing (MPR) 2:00 Yahtzee (MPR)</div>	<div>26</div> <div>9:30 Lower Body Strength (CR) 3:45 & 6:00 Janice Long's Music Studio Performance (FH)</div>	<div>27</div> <div>Fried Egg Friday 2:00 Pizza Making Class (ER) sign up required 3:45 Piano Music with Angela (FH)</div>
					<div>28</div> <div>10:00 Exercise Circle with Brandon (CR) 10:00 Fitness Support with Caleb (Gym) 1:30 Ladder Ball (CR)</div>