

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>1</b></p> <p>10:30 Sunday Service with Chaplain Lisa (FH)</p> <p>2:00 Domino's (MPR)</p>	<p><b>2</b></p> <p>10:00 Fitness with Lisa (CR)</p> <p>2:30 Heart of the Matter Circle (CR)</p> <p>2:30 WPL Tech Sessions *sign up required</p> <p>Purim Begins</p>	<p><b>3</b></p> <p>9:30 Qi Gong (FH)</p> <p>1:30 Wellness Group-Healthy Snacks (MPR)</p> <p>2:30 Yahtzee (MPR)</p>	<p><b>4</b></p> <p>10:30 Hymn Sing (MPR)</p> <p><b>2:00 Retirement Tea for Hairdresser Ann (FH)</b></p>	<p><b>5</b></p> <p><b>Hatch the Chicken Program begins (CR)</b></p> <p><b>10:30 Service of Remembrance (FH)</b></p> <p>2:00 UNO (MPR)</p> <p>6:00 Movie and popcorn (CR)</p>	<p><b>6</b></p> <p>10:00 Fitness with Lisa (CR)</p> <p>2:00 Bingo (MPR)</p>	<p><b>7</b></p> <p>10:00 Exercise Circle with Brandon (CR)</p> <p>10:00 Fitness Support with Caleb (Gym)</p> <p>1:15 Bean Bag Baseball (CR)</p> <p>2:45 Crokinole (GR)</p>	
<p><b>8</b></p> <p><b>International Women's Day</b></p> <p>10:30 Sunday Service with Chaplain Lisa (FH)</p> <p>2:00 Yahtzee (MPR)</p> <p>Daylight Saving Time Begins</p>	<p><b>9</b></p> <p>10:00 Fitness with Lisa (CR)</p> <p>1:30 Jewelry Cleaning Program (MPR)</p> <p>2:30 Heart of the Matter Circle (CR)</p> <p>3:30 Creative Painting (MPR)</p>	<p><b>10</b></p> <p><b>10:00 Music with Kevin Coates (FH)</b></p> <p>10:00 Kindred Banking</p> <p><b>11:30 Outing: Halibut House Fish &amp; Chips*Sign-up required</b></p> <p>2:00 UNO (MPR)</p>	<p><b>11</b></p> <p>9:30 Seated Dance with Lauren (FH)</p> <p>10:30 Hymn Sing (MPR)</p> <p>2:00 Domino's (MPR)</p>	<p><b>12</b></p> <p>9:30 Strength and Conditioning (CR)</p> <p>10:30 Word Games (CR)</p> <p>1:30 Hot Wax Treatment (Gym)</p>	<p><b>13</b></p> <p><b>12:00 Couple's Lunch *sign up required (FH)</b></p> <p>1:30 Bocce Ball (CR Hallway)</p> <p>2:30 Bingo (MPR)</p>	<p><b>14</b></p> <p>10:00 Exercise Circle with Brandon (CR)</p> <p>10:00 Fitness Support with Caleb (Gym)</p> <p>1:30 Ring Toss (CR)</p> <p>2:30 Pool (GR)</p>	
<p><b>15</b></p> <p>10:30 Sunday Service with Laura (FH)</p> <p>2:00 Piano Music with Doug &amp; Wilf (FH)</p>	<p><b>16</b></p> <p>1:30 Beach Ball Bash (CR)</p> <p>3:00 St Patrick's Day Craft (MPR)</p>	<p><b>St. Patrick's Day 17</b></p> <p>9:30 Qi Gong (FH)</p> <p>1:30 Yahtzee (MPR)</p> <p><b>2:30 St Patrick's Day Social (FH)</b></p> <p>St. Patrick's Day</p>	<p><b>18</b></p> <p>9:30 Seated Dance with Lauren (FH)</p> <p>10:30 Hymn Sing (MPR)</p> <p><b>1:00 Outing: Conestoga Mall *Sign-up required</b></p> <p>2:00 UNO (MPR)</p>	<p><b>19</b></p> <p>9:30 Upper Body Strength (CR)</p> <p>10:30 Worship with Janice (FH)</p> <p>1:30 Hot Wax Treatment (Gym)</p>	<p><b>20</b></p> <p><b>2:00 Retirement Tea for Chaplain Ellen (FH)</b></p> <p><b>3:45 Music with Angels (FH)</b></p> <p>Spring Begins</p>	<p><b>21</b></p> <p>10:00 Exercise Circle with Brandon (CR)</p> <p>10:00 Fitness Support with Caleb (Gym)</p> <p>1:30 Ladder Ball (CR)</p> <p>2:00 Crochet Club (FH)</p> <p>2:30 Scrabble (GR)</p>	
<p><b>22</b></p> <p>10:30 Sunday Service with Chaplain Lisa (FH)</p> <p><b>2:00 King Street Brass Band (FH)</b></p>	<p><b>23</b></p> <p>10:00 Fitness with Lisa (CR)</p> <p>1:30 Bowling (CR)</p> <p>2:30 Heart of the Matter Circle (MPR)</p> <p>3:30 Making Bird Feeders ((MPR)</p>	<p><b>24</b></p> <p>10:00 Kindred Banking</p> <p>1:30 Domino's (MPR)</p> <p>2:30 Baking Oatmeal Raisin Cookies (ER)</p>	<p><b>25</b></p> <p>10:30 Hymn Sing (MPR)</p> <p>10:30 Catholic Mass (FH)</p> <p><b>11:30 Outing: Mandarin *Sign-up required</b></p> <p><b>2:00 Men's Club: Region of Waterloo Int'l Airport Presentation (FH)</b></p>	<p><b>26</b></p> <p>9:30 Lower Body Strength (CR)</p> <p>10:30 Word Games (CR)</p> <p>1:30 Hot Wax Treatment (Gym)</p>	<p><b>27</b></p> <p><b>Fried Egg Friday</b></p> <p>10:00 Fitness with Lisa (CR)</p> <p><b>2:00 Music with Derek Byrne (FH)</b></p> <p>3:30 UNO (MPR)</p>	<p><b>28</b></p> <p>10:00 Exercise Circle with Brandon (CR)</p> <p>10:00 Fitness Support with Caleb (Gym)</p> <p>1:15 Movie Matinee (CR)</p>	
<p><b>29</b></p> <p>10:30 Palm Sunday Service with Chaplain Lisa (FH)</p> <p>2:00 Domino's (MPR)</p> <p>Palm Sunday</p>	<p><b>30</b></p> <p>9:30 Fitness with Lisa (CR)</p> <p>1:30 Balloon Badminton (MPR)</p> <p>2:30 Heart of the Matter Circle (CR)</p> <p>3:30 Beauty Shop (MPR)</p>	<p><b>31</b></p> <p>9:30 Qi Gong (FH)</p> <p>2:00 Fraud Prevention Guest Speaker (FH)</p> <p>3:00 Curling (CR Hallway)</p> <p><b>5:00 6th Floor Dinner (MPR) *Sign up required</b></p>	<p><b>March 2026</b></p> <p>Parkwood Suites &amp; Garden Homes</p>				