

October 2026 Calendar

Pool Calendar - Health and Wellness Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	29	30 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	1	2 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	3
4	5 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	6 5:00 Aquability 6:00 Aquafit	7 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	8	9 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 5:00 Aquability 6:00 Aquafit	10
11	12 Closed Thanksgiving day	13 5:00 Aquability 6:00 Aquafit	14 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	15	16 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 5:00 Aquability 6:00 Aquafit	17
18	19 9:00 Aquability 10:00 Friendly Float 11:00 Aquafit	20 5:00 Aquability 6:00 Aquafit	21 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	22	23 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 5:00 Aquability 6:00 Aquafit	24
25	26 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	27 5:00 Aquability 6:00 Aquafit	28 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	29	30	31

Pool Classes

Aquability

Friendly Float

Aquafit



