November 2026 Calendar

Pool Calendar - Health and Wellness Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	3	4 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	5	6 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	7
8	9 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	10 5:00 Aquability 6:00 Aquafit	11 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	12	13 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 5:00 Aquability 6:00 Aquafit	14
15	16 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	17 5:00 Aquability 6:00 Aquafit	18 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	19	20 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 5:00 Aquability 6:00 Aquafit	21
22	23 9:00 Aquabiltiy 10:00 Friendly Float 11:00 Aquafit	24 5:00 Aquability 6:00 Aquafit	25 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit	26	27 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit 5:00 Aquability 6:00 Aquafit	28
29	30 09:00 Aquability 10:00 Friendly Float 11:00 Aquafit					

Pool Classes

- Aquability
- Friendly Float
- Aquafit

Parkwood COMMUNITY